

# (Saul) Paul Starts the Race

Saul of Tarsus believed that Christians were wrong and decided to put them in prison and kill them. One day he was travelling to Damascus to arrest more Christians when he saw a bright light from heaven. He fell to the ground and heard the voice of Jesus "Why are you hurting me?". He became blind but Jesus told him to go to Damascus and wait. God told a man called Ananias to go to Saul. When Ananias laid his hands on Saul he could see again and received the Holy Spirit. Ananias also told Saul that he would take the message of Jesus to other countries. Saul had become a Christian, he got baptized and began to tell people about Jesus. Saul had to escape from Damascus in a basket lowered down the outside of the city wall!

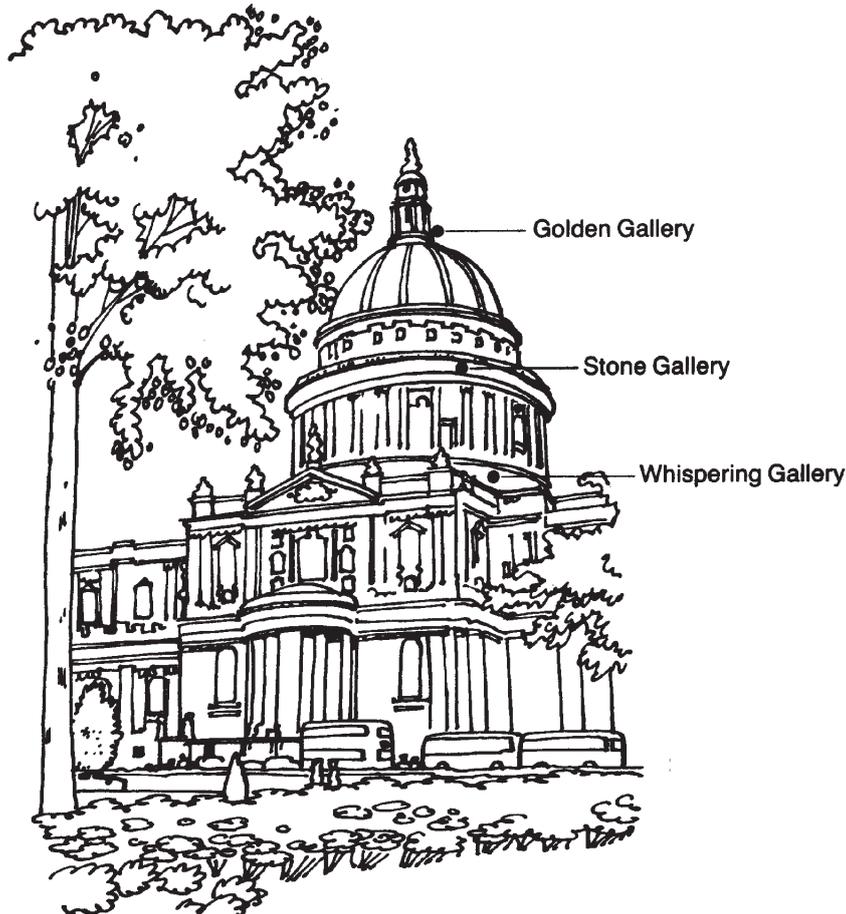
- Demonstrate how to start a sprint
- Talk about how Paul started the race
- How do you think Paul felt?
- Why was Ananias very brave?
- Ask your helpers how they started their race with Jesus

Paul said: "I only want to finish the race and do the job Jesus has given to me - to tell people about God's wonderful love."



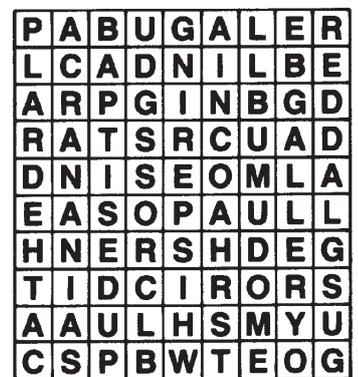
St Paul's Cathedral in London is named after Paul of Tarsus

St Paul's Cathedral, London



## Word search

ANANIAS  
 BAPTISED  
 BLIND  
 CATHEDRAL  
 CROSS  
 DAMASCUS  
 DOME  
 GALLERY  
 LADDER  
 PAUL  
 WHISPERING



# Paul travels and tells people about Jesus

Paul met up with the other followers of Jesus and began to travel telling people everywhere about Jesus. He went on several missionary journeys. When he was in Lystra he healed a man who had never walked since he was born. The people were so amazed that they thought that Paul and his friend Barnabas were gods! Eventually the mood of the crowd changed and they threw stones at Paul and Barnabas until they thought that they were dead. They did not die, they got better and continued on their journey telling more people about



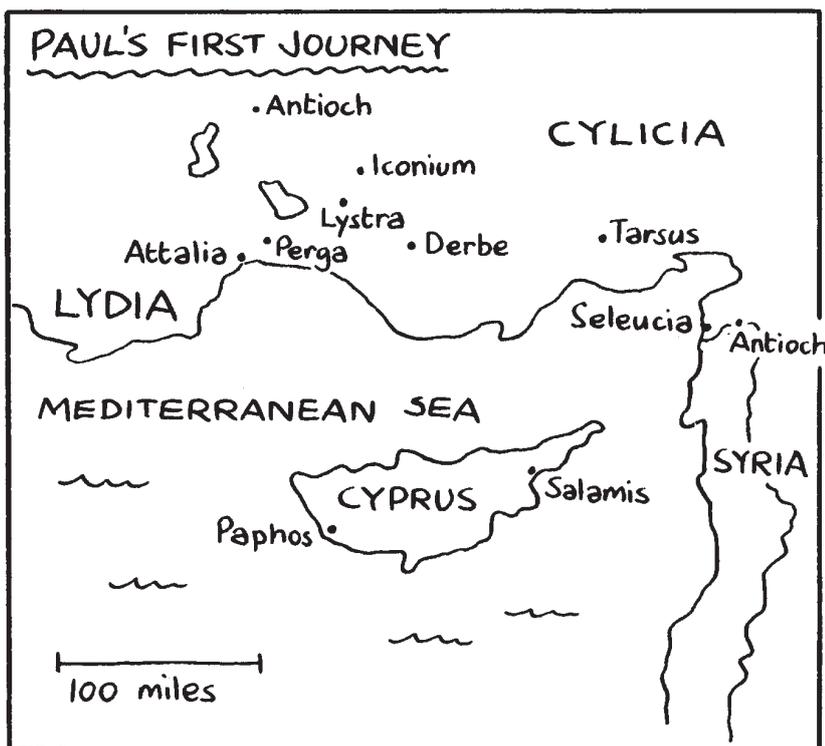
## Ups and downs

- What kind of ups and downs do athletes have?
- What was an up for Paul?
- What was a down for Paul?
- What kind of ups and downs do you have?
- Paul had Barnabas with him in Lystra. Which other friend was with Paul all the time?

## PAUL'S ADVENTURES

PAUL HAD MANY ADVENTURES AS HE TRAVELLED TO TELL PEOPLE THE GOOD NEWS OF JESUS...

SEE IF YOU CAN DRAW IN THE ROUTE HE TOOK:



START at Antioch in SYRIA  
to Seleucia  
Salamis  
Paphos  
Attalia  
Perga  
Antioch  
Iconium  
Lystra  
Derbe  
then back to  
Lystra  
Iconium  
Antioch  
Perga  
Attalia  
and sail back to  
Seleucia...

Paul said: "You know how I was hurt in Lystra - but the Lord delivered me from it all."

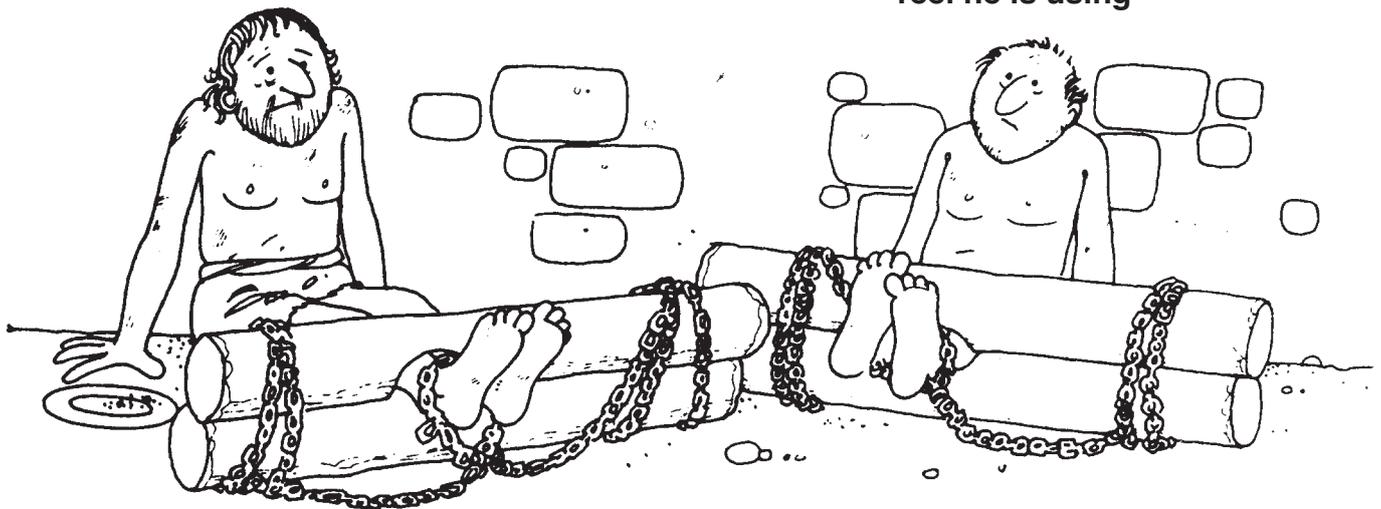
# Paul tells people in Greece about Jesus

Paul had a vision of a man from Greece calling him to come to tell them about Jesus. Paul travelled to Greece. In Philippi he healed a slave girl who had a bad fortune-telling spirit. The girl got better but her owners were not pleased because they had made money out of her. Paul and his friend Silas were beaten and put in prison. While they were singing in the night, God caused an earthquake and the prison doors opened. The Jailer and his whole family believed in Jesus. Paul also went to Thessalonica, Athens and Corinth in Greece. He also spent a few years in Ephesus (now in Turkey).

- What instructions do coaches give to athletes?
- Who was Paul's coach?
- How did Paul keep in touch with his coach?
- Sports coaches can only talk with athletes before and after the race. Why was Paul's coach better?
- Pray now. Ask the coach to help you!

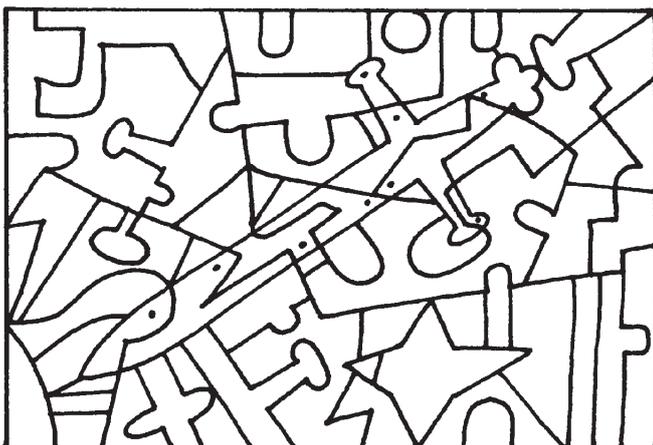


Paul was a tentmaker. Find which reel he is using



Paul said: "Whatever happens, be joyful, keep on praying and be thankful. This is what God wants."

Shade in every part that contains a dot



## Word search

S	T	L	A	V	E	S	I	N	F	O	T
E	B	E	I	E	T	S	K	C	O	T	S
V	E	S	J	A	I	L	E	R	R	E	W
E	G	M	I	D	N	I	G	H	T	S	O
I	R	L	M	E	P	G	J	A	U	H	R
L	I	L	T	S	E	H	R	U	N	M	D
E	K	A	U	Q	H	T	R	A	E	H	T
B	E	S	T	A	S	S	G	N	T	D	S
B	P	N	S	I	P	A	O	S	E	I	P
G	N	I	G	N	I	S	W	R	L	D	E
E	V	A	L	S	I	R	P	A	L	O	C
O	M	H	P	R	E	T	S	N	E	L	G
S	K	C	P	O	C	K	S	L	R	I	G

- BEATEN
- BELIEVE
- CHAINS
- EARTHQUAKE
- FORTUNE TELLER
- GIRL
- JAILER
- LIGHTS
- MAGISTRATES
- MIDNIGHT
- PAUL
- PRISON
- SILAS
- SINGING
- SLAVE
- STOCKS
- WORD

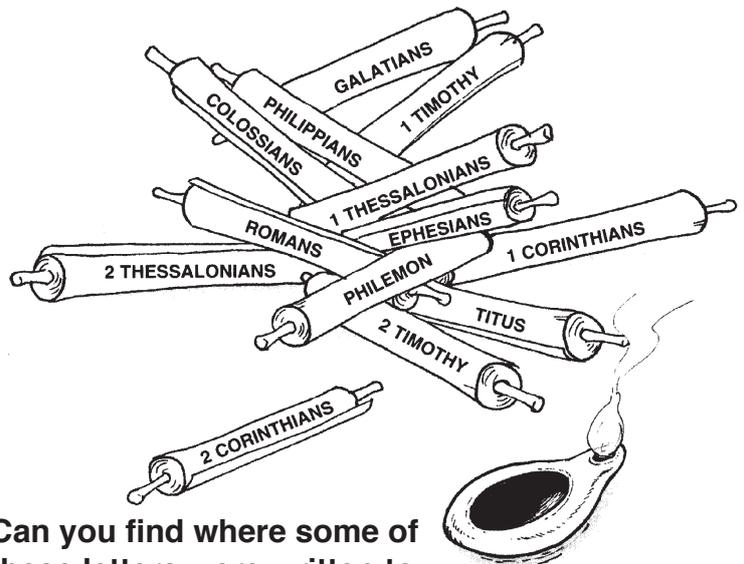
# Paul is arrested

Paul went to Jerusalem and agreed to have his hair cut as part of his religion (he was a Jew). When his enemies saw him, they caused a riot and tried to kill him. He was rescued by the Roman Officers. His enemies plotted to kill him. For his own safety and to stop trouble he was imprisoned in Caesarea. Paul was now in prison for most of the rest of his life but he found ways to serve God in prison. He prayed for his Christian friends and wrote letters to them – some of which we still have in the Bible.

- What was the big change in Joni’s life?
- How did she cope with it?
- What was the big change in Paul’s life?
- How did he cope with it?
- Have you had any big changes in your life?
- How can God help you?
- Pray for anyone you know who is going through a difficult big change at the moment.

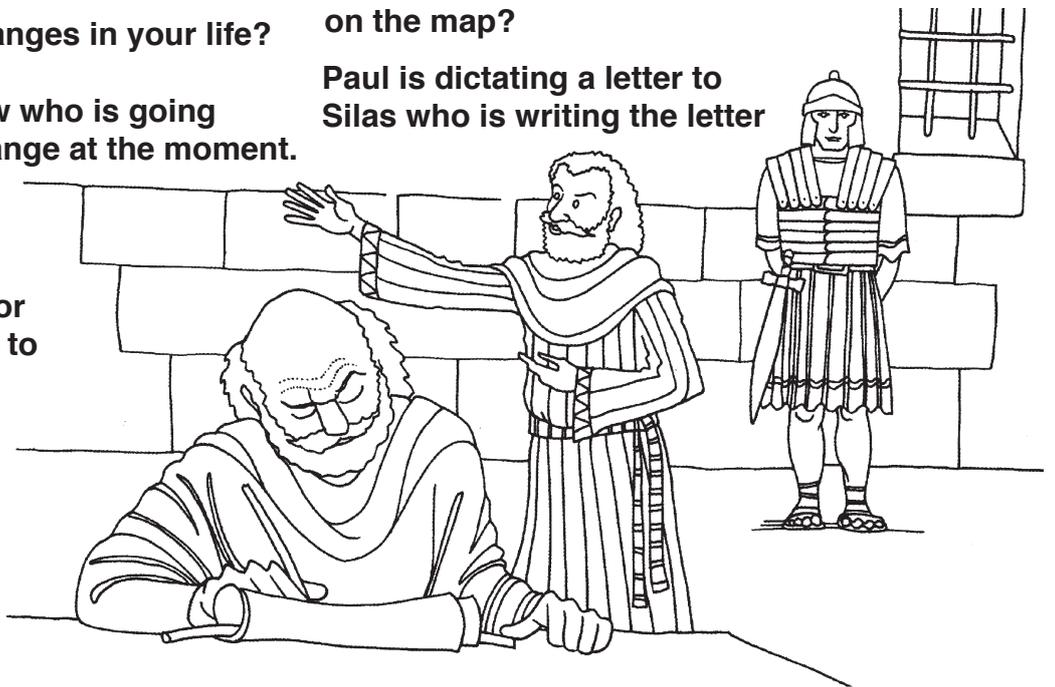
Paul said: “As a prisoner for serving the Lord, I ask you to live a good life for God”

# Thursday Extra



Can you find where some of these letters were written to on the map?

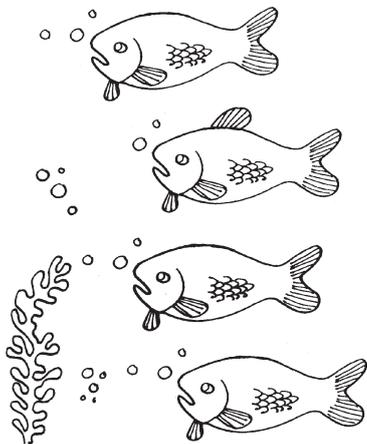
Paul is dictating a letter to Silas who is writing the letter



# Paul finishes the race

Paul was tried before Governor Festus and King Agrippa. During the trial he appealed to Caesar. The meant that he had to go to Rome to stand before the Emperor. He went on a long and dangerous journey. He was shipwrecked on the island of Malta. Eventually he reached Rome where he was under house arrest for a long time. He was able to see friends and send many letter to the churches he had started. Paul died knowing that he had run the race and won the prize.

- Why was Paul not afraid of dying?
- Paul ran his race alongside others  
Where can we find other people to help us run our race for Jesus?
- What do you know about the secret fish sign of Christians?
- What have you enjoyed about Holiday Special?



Which fish is different?

## SHIPWRECKED

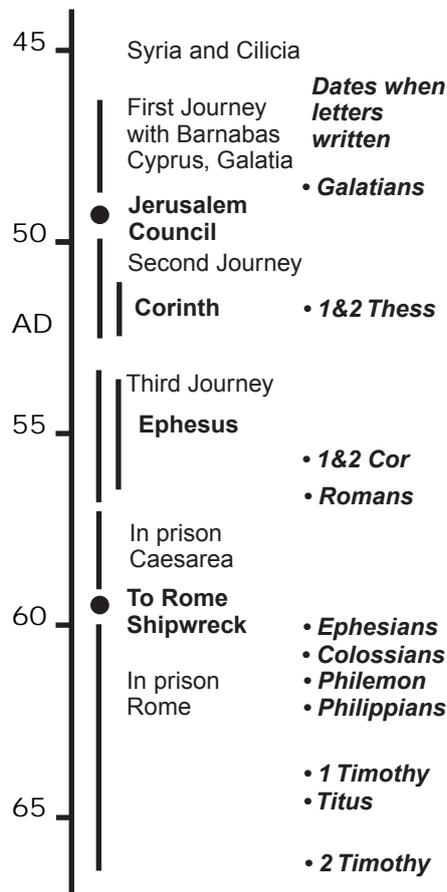
How many words can you make using the letters in this word?

There are at least 30.

## Word search

- BOARD
- BOAT
- CARGO
- GALE
- LAND
- PAUL
- PRAY
- ROME
- SAFE
- SAIL
- SEA
- SHIPWRECKED
- SHORE
- STORM

B	R	K	E	R	O	H	S	F	M	X	E
M	O	P	O	D	G	V	E	H	K	L	P
H	M	G	C	R	D	R	A	O	B	H	B
A	E	G	R	F	E	G	I	Z	O	U	A
Y	E	E	R	A	K	J	K	W	A	A	C
Z	C	L	M	A	C	N	E	U	T	V	E
D	O	P	D	R	E	Q	E	L	G	C	G
F	D	Z	A	Y	R	X	U	X	A	W	I
S	T	N	U	V	W	A	S	T	H	G	K
A	B	E	A	G	P	H	I	Z	K	E	M
F	O	Q	R	L	I	A	S	Y	M	X	O
E	L	Z	P	K	H	J	U	T	O	F	Q
M	M	R	O	T	S	V	A	S	Q	Y	S
X	C	D	F	M	B	W	Y	A	R	P	T



Paul said: "Now the time has come for me to die. I have fought well. I have finished the race. So a crown will be given to me."